

What is often hidden behind acute allergies and many chronic disorders?

The masking of allergies



Time and again patients come to the practice suffering from a number of different allergies. Some patients explain that they seem to have allergic reactions to practically everything and tend to live off potatoes and water, for example. The case history very often shows that the first acute allergic reactions have occurred as a result of one or two types of pollen, for example. Over the course of time the number of allergies has multiplied, e.g. to animal hair, nuts, apples, tomatoes, food additives and so the list goes on. Particularly with these patients it is important to know that basic stresses are the cause of these various acute allergies and have often been irritating and over-stressing the immune system for a prolonged period of time. Central, masked allergies represent one of the key basic stresses.

In his book "The Biophysical Treatment of Allergies", Dr. Schumacher writes that (in patients suffering what are often acute hereditary stresses) the central allergies develop in most cases in early childhood and it is through sensitivity generally to a basic foodstuff eaten every day or to a substance which is permanently present in the organism (e.g. Candida in chronic intestinal mycosis cases).

Through frequent or sustained contact with the allergen its manifestations are almost always masked, i.e. a direct link between the symptoms and the allergen is often unrecognisable. Where allergies are masked the type and extent of the manifestations do not appear to have a recognisable link with the allergen.

In northern latitudes by far the most important trigger of central masked

allergies these days is cow's milk and wheat. In practice these are the foods that we consume on a daily basis in one form or other from early childhood.

Just as common are the resulting clinical pictures. Unfortunately because the allergies are masked the actual cause of the symptoms is not easily identifiable without further examination. There is often no immediate exacerbation in the symptoms of the illness (e.g. skin problems in neurodermatitis patients) when for example someone with a milk allergy eats too much cheese or other dairy products or if a patient with a wheat allergy lives predominantly on pasta while on holi-

be tested quickly and painlessly using the Bicom device.

But masked allergies also play an important role in a number of other chronic disorders such as neurodermatitis, Crohn's disease, ulcerative colitis, rheumatic disorders etc.

To successfully treat multi-allergy sufferers it is important to eliminate the central allergies.

Many acute allergies disappear after the central stresses have been eliminated, while others may subsequently be



easily eliminated in most cases using the Bicom device and short-term therapy measures.

This is what is known as a masked allergy.

A central masked allergy is a serious and permanent stress on the immune system. The seriousness of the symptoms depends on the capacity of the organism to be able to compensate for the permanent allergic stress. At some point the compensation mechanism will become overloaded and will collapse, especially if further physical and emotional stresses are involved.

Therefore a central masked allergy is often at the root of further acute forms of allergy developing. And in the case of multi-allergy sufferers (patients suffering from several allergies to different substances) experience has shown that these acute allergies derive from one central allergy to a basic foodstuff. This can

The mechanism of multi-allergy sufferers may be compared to that of a train.

The locomotive is the basic stress – almost always one or more masked allergies, but frequently heavy metals and inoculation stresses.

These stresses lead to a permanent stress acting on the entire organism and carriages are added to the locomotive over time: the acute allergies. And some patients come to the practice with very very long trains. This presents a huge challenge for therapists. It is important to uncouple the locomotive to begin with by carefully treating and removing the central stress. The remaining carriages can then be treated.