

# Broadening our horizons

## First contact with bioresonance

---

My life was to change on 11 November 1988. I came into contact for the first time with a method of therapy which, at the time, was completely new to me but which was to profoundly influence my future professional and private life.

Up to that point I had studied medicine in the conventional way, completed the training to become a specialist in general medicine and had set up my own medical practice two years previously. I had taken an interest in alternative medicine at an early stage, started training in acupuncture, explored various other 'natural' methods and gained the additional designation 'naturopathic practice'. Ever since my school days I had been interested in the natural sciences and the structure of our universe. Astronomy was my hobby and the theory of relativity and quantum physics had fascinated me. It was initially a purely theoretical interest since these scientific discoveries did not appear to have any direct relevance for our everyday life. After all, you can get by in everyday life very well with the classical laws of physics and chemistry.

What led me to this meeting in a hotel in Aachen back in November 1988 was not just the friendly persuasion, on the telephone, of an employee of the bioresonance firm but my increasing frustration with the limitations of the treatment offered by conventional medicine. I was, and still am, fully committed to operating as a practitioner of conventional medicine within the state insurance scheme and am very taken with scientific advances within modern medicine. However, this does not mean that you have to restrict yourself to this approach and cannot risk broadening your horizons. I won't deny a certain amount of curiosity either.

So now there it was in front of me, this amazing bioresonance device. After a few introductory words the company's representative carried out some muscle tests, acupuncture point measurements and trial treatments on me. Although I had not completely understood it all, I was definitely interested and I experienced that indefinable gut feeling which said. You have got to have this! After a brief period of consideration I bought it and several weeks later sitting with my wife in the introductory seminar by Lake Sternberg, where a new world was opened up to me. I learnt here how, through the bioresonance device, the fascinating laws of quantum physics can be applied to everyday practice in a manner which appears almost magical. Here we met physicist, doctors and therapists who not only introduced us to the theory, but also reported astonishing success with therapy.

It was admittedly at first not easy to incorporate the new approach into our daily practice. We had a lot to learn and built up our own experience. The big breakthrough came in the early 90s. New practical discoveries brought unbelievable results, especially in the treatment of allergies. News of the bioresonance method quickly spread by word of mouth and soon patients were waiting weeks for an appointment to have their allergies zapped. We needed more therapy devices, took on additional staff and the demand still hasn't tailed off. Bioresonance is such a successful method of treating patients that I cannot now imagine it not being a part of my practice.

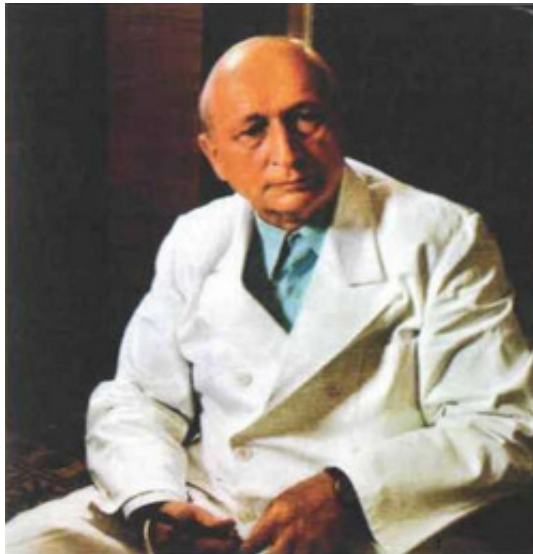
Frustration, scientific interest and curiosity led the author to discover more about bioresonance, a method which

was new to him but which has since become well established in his practice.

## How it all began...

### Historical review

In the 1950s reports and ideas of an unusual method of treatment reached European shores: acupuncture, an important component of Traditional Chinese Medicine, with a history dating back over 4000 years. The first pioneers in this field were eyed critically by conventional medicine. However, they proved not only to be enthusiastic disciples of this method, they developed new and creative ideas based upon it. This theory revolved around strange acupuncture points apparently linked with one another by a kind of 'energy transport channel', the undetectable acupuncture meridians. Clever 'researchers' soon discovered that skin resistance at these acupuncture points differed from skin resistance of neighboring tissue. And what's more: conclusions could be drawn from the changes and fluctuations in potential at the point regarding the energy content of the meridians and thus the state of health of the associated tissue or organ. Values which were too high were evidence of a pathological process just as much as readings which were too low.



The German doctor Rcinliold Voll deserves the credit for having researched and systematized this application. He not only discovered important energetic connections between meridian points, tissues, organs and teeth, he also detected additional points and new meridian» outside the classic Chinese pathway\*. This method is still taught as Voll's electroacupuncture (EAV) ,and used with positive results.

As with many other scientific discoveries, an element of chance played a part in further development of this EAV method. Dr Voll tested a patient and detected pathological reading at a point on the liver meridian. When he repeated the test a few minutes later, the reading was suddenly in the normal range. Dr Voll was astonished and at first presumed that the initial pathological reading had been incorrect. Then he noticed that the patient was holding a homeopathic remedy in her hand. Dr Voll asked her to put down the remedy and the reading promptly returned to the pathological range. Touching the remedy again resulted in an immediate improvement in the reading. But that was not all: it emerged that the information from the remedy could be transmitted not just by direct physical contact but also by a cable connected to the measuring device.

Voll's medication test which was subsequently to become famous had been discovered.

It was now possible to develop a new system for diagnosing and treating patients: over 300 acupuncture points were measured on the bodies of sick patients and a homeopathic remedy (individual or complex), capable of bringing these points into the normal range, was tested out for all the pathological points. This medication (sometimes consisting of 20-30 substances) was then administered to the patient, generally in the form of injections. A very laborious yet, as it emerged later, also very effective method of treatment, free from adverse side-effects.

The German doctor Dr Franz Morell was a pupil of Dr Voll and an enthusiastic exponent of electroacupuncture. Together with his son-in-law Erich Rasche, an electrical engineer, he developed a medication test transmitter with which the information from the medication could be transferred to a test person standing further away without

using cables. In so doing he proved that the effect of homeopathic remedies must be attributed to ultrafine electromagnetic oscillations.

The field strength must be so weak that it could not be measured directly by any conventional device. The effects on the living organism could however be deduced directly from the changes in the test readings at the acupuncture points.

Dr Morell went one step further. He pondered the large number of medicines to be used and asked himself: if information from medicines significantly alters the test readings, then very similar information must also be present in the body. If this information is picked up straight from the body and modulated in a particular way, then a similar phenomenon should occur to that produced in medicine testing.

Consequently, together with Rasche, Dr Morell built a device designed to pick up information from the body and return it following modulation. The device was called the MORA device after the first two letters of its developers' names. An electrically conductive electrode was placed on the skin of the affected part of the body and the information fed into the Mora device through a cable. This information was 'inverted' inside the device by means of 'phase shifting' and fed back to the body via a different electrode. Astonishingly this led in most cases to an improvement in the patient's state of health or even a full recovery. Once again a new method of treating patients had emerged.

Thanks to technical advances in subsequent years, especially with the advent of the computer age, the Mora device was developed further and its operation improved. A new name was coined for this method of therapy: bioresonance (or also bioinformation). The names are intended to indicate what it's about: resonance phenomena in biological systems through the transmission of information. Scientific working hypotheses describing this phenomenon weren't to come till much later.

Bioresonance devices are now manufactured and marketed by a number of different firms. The experiences described in this book were obtained using the Bicom bioresonance device. The word Bicom is a coined term and one which is protected under trade mark law.

Voll developed electroacupuncture in the 1960s and discovered the non-ma-tcrial medication test. Based on these ideas, Dr Morell, together with the electrical engineer Rasche, developed a device which treated patients with information from electromagnetic oscillations. It was from this that the bioresonance method of therapy developed.

## From an idea to an approach for therapy

---

Following on from Dr Morell's inspired idea, numerous doctors and non-medical practitioners have advanced this method of testing and treating patients through their own research and by accumulating experience, by mailing and testing and a great deal of deliberation and even more intuition. Bioresonance is an empirical method which is categorised as experienced-based medicine. Since this method initially lacked a convincing scientific explanation and a theoretical framework, bioresonance was largely developed purely as a result of the practical experience of its users. Mention should be made here of the non-medical practitioner Gerda Often, who introduced the idea of using the body's natural substances and proposed applying propolis as a substance with an antibiotic effect.

Various special electrodes were developed as early as the 1980s such as rigid and flexible electrodes, magnetic electrodes, dental and spectacle-type electrodes. A major advance at this time was also the elaboration of indication-based therapy programs. A therapy program describes the manner in which information fed into the device is modulated by the device in order to be returned to the patient as a therapeutic impulse. It is defined by programming a particular type of therapy, a frequency, an oscillation amplitude and the therapy time.

The contribution of the Austrian non-medical practitioner Sissi Karz should be recognized here. Through tireless experiments, tests and no little intuition she has developed over 400 therapy programs which, based on years of positive experience, can still be retrieved from the Bicom bioresonance device. Recently over 150 programs from the low deep frequency range have been added. In addition Frau Karz has proposed a therapy system which focuses on the use of the body's natural frequency patterns, also deploying the patient's own fluids (blood, urine, stool, etc.). The aim is to improve the body's ability to regulate itself by consistently using the body's own 'pharmacy' (according to Morell's theories).

In spring 1987 Dr. Morell made a landmark announcement during a seminar. If the information from allergens such as pollen or foods affecting the patient was applied to the patient after appropriate modulation by the device, virtually all the electroacupuncture test readings moved into the normal range.

This marked the beginning of a new era for allergy therapy.

Dr Peter Schumacher, a paediatrician from Innsbruck, conducted extensive research for a number of years on this basis and in 1991 published a sensational study on biophysical allergy therapy. He presented an approach whereby allergy could be treated with considerable success through a combination of strict avoidance of allergens and consistent bioresonance inverse oscillation. He observed that chronic allergies to cows' milk and wheat, often combined with Candida fungal infestation, are partially responsible for many diseases which prove hard to treat. He demonstrated in an effectiveness study which he conducted himself that a success rate of up to 90% could be achieved in children with neurodermatitis, bronchial asthma and hay fever.

In 1991 I applied an idea of the kinesiologist Jimmy Scott' to bioresonance therapy and was also able to achieve highly effective allergy therapy, in some cases even without allergen avoidance, by 'flooding' certain acupuncture meridians. Working together with my wife Simone, new therapy programs and systematic approaches to therapy were developed.

A further development of Dr P. Schumacher's approach was presented a short while later by Dr Th. Klein and Dr P. Schweitzer. By improving the transfer of information from the allergen into the device through 2 cables and from the device to the patient through spherical electrodes and by increasing the amplification of the therapy amplitude, it was also possible to achieve more effective allergy therapy. A series of additional proven allergy therapy programs was subsequently proposed by various users.

The German doctor Dr G.L. Rummel presented his own alternative approach in the mid 90s. His basic idea is that the structure of the constituents of cows' milk and wheat resembles the structure of all other relevant allergens. If you treat patients sufficiently often with a combination of the counter oscillation of cows' milk and wheat,

combined with biophysical Candida therapy, virtually all allergy-related diseases can be treated.

In persistent cases the patient is then also treated with virus nosodes<sup>2</sup>. The considerable success achieved with over 20,000 recorded cases treated speaks for itself. This is an approach which is easy to carry out yet which sometimes requires considerable time.

The non-medical practitioners Martin Keymer and Dieter Kramer developed therapy ampoules for systematically testing and treating stresses which cause illness in patients. In this procedure information with a positive effect on the meridian and organ areas is applied to the patient to stabilise energy levels. Inverting the negative oscillations of toxins and pathogens during the same treatment session relieves the body and restores the cells' ability to regulate. The non-medical practitioner A. Baklayan sees infestation with parasites as one of the main causes of chronic disease and devised an approach with appropriate test ampoules.

I hope the many researchers and users who I have not mentioned or named personally will forgive me. The wide variety of approaches shows that bioresonance therapy is not an inflexible and dogmatic method but that, once the basic training has been completed, there are many different possibilities for therapy. The method is developing dynamically and this is an ongoing process.

Further significant advances have been related to the technical development of the Bicom device: the infrared transmitter for wireless transfer of information contained in ampoules, programs for analogue potentiation, micromagnetic field therapy integrated in the device, use of low deep frequencies and an additional second therapy channel for stabilising the patient during therapy.

Based on the empirical experience of numerous creative practitioners and following technical advances, the bioresonance method has developed into an effective method of diagnosing and treating patients. Various therapy systems now exist which are continuously being developed further.

Bioresonance: a new view of medicine. Scientific principles and practical experience. Author: Jurgen Hennecke.